



**MMK & SDM MAHILA MAHAVIDYALAYA**

**KRISHNAMURTHY PURAM, MYSORE**

**YOUTH RED CROSS**

**REPORT ON FIRST AID TRAINING**

**DATE:** 30-10-2021

**TIME:** 10 am Onwards

**NAME OF FACULTY INVOLVED:** Shivabeerappa.M , YRC  
program officer

**VENUE:** Maharajas College, Mysore

**TOTAL NO. OF PARTICIPANTS:** 5 students

**PRINCIPAL**

**MMK & SDM Mahila Mahavidyalaya  
Krishnamurthypuram, Mysore-570 004**

## **INTRODUCTION:**

Indian Red Cross Society organized One day first Aid training Program for Youth Red Cross volunteers at Maharaja's college Mysore.

## **OBJECTIVE:**

First aid training is a valuable, life-saving course. Its main objective is not to treat people but to provide immediate attention to a sick or injured person at the scene. First aid helps prevent the situation from getting worse while waiting for full medical care.

The five main aims of first aid are to:

- Preserve life
- Prevent the escalation of illness or injury
- Promote recovery
- Provide pain relief
- Protect the unconscious

## **CONCLUSION**

Always remember to keep a basic first-aid instruction booklet with your first aid kit. Basic first aid training is a must for every individual as it goes beyond saving a life, it makes a person better acquainted with techniques and usher way for healthy and safe existence.

  
PRINCIPAL  
MMK & SDM Mahila Mahavidyalaya  
Krishi.amurthypuram, Mysore-570 004



Photography:



Program Officer

PRINCIPAL

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Krishna.amruthapuram, Mysore-570 004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

**SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA**

Krishnamurthypuram, Mysore - 570 004

Affiliated to University of Mysore, Accredited by NAAC with B Grade

Vision: "Empowerment of Women to face the global challenges"

**YOUTH RED CROSS UNIT**

Attendance list of students attended first aid training on 30-10-2021 at maharaja college.

SI NO	NAME OF THE STUDENT	CLASS	STUDENT SIGNATURE
1.	TRUPTHI.R	II BBA	Thrupthi R.
2.	DHANYATHA	II BBA	Dhanyatha
3.	BHAVANA.K.R	II BBA	Bhavang K.R.
4.	KOUSAR BANU	II BBA	Kousar Banu
5.	LAKSHMIA	II BBA	Lokshmi. A.

Principal

**PRINCIPAL**

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