



MMK & SDM MAHILA MAHAVIDYALAYA

KRISHNAMURTHYPURAM, MYSORE

DEPARTMENT OF BUSINESS ADMINISTRATION

REPORT ON GUEST LECTURE PROGRAM

TOPIC	:	"Emotional Intelligence"
RESOURCE PERSON	:	Dr. Bhavani Shree Associate Professor Vidyavardhaka College of Engineering
PRESIDENT	:	Prof. Sainath Malligemadu Principal MMK & SDM MMV
CO-ORDINATOR	:	Sri. Shivbeerappa M Head of the Department Dept of Business Administration
MEMBERS	:	Smt Hajra Begum Assistant Professor Dept of Business Administration
	:	Mr.Niranth.M.R Assistant Professor Dept of Business Administration
	:	Smt.Bhogeshwari.D Assistant Professor Dept of Business Administration
	:	Smt.Vidya M.R Assistant Professor Dept of Business Administration
VENUE	:	Auditorium
BENEFICIARIES	:	160 students

PRINCIPAL

**MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 007**

Introduction:

The Department of business administration organized a guest lecture program on "Emotional Intelligence" by Dr. Bhavani Shree, Associate Professor, Vidyavardhaka College of Engineering on 7-05-2024. Emotional Intelligence is increasingly recognized as a key factor in achieving success in various aspects of life. Unlike cognitive intelligence, which is largely genetic and static, EI can be developed and enhanced through conscious effort and practice. In today's world, where collaboration, adaptability, and interpersonal interactions are crucial, EI stands out as a vital skill set. Whether in the context of leadership, teamwork, or personal development, Emotional Intelligence provides a foundation for achieving greater emotional well-being and effectiveness in all areas of life.

Program Objectives:

- To introduce the concept of Emotional Intelligence and its components.
- To highlight the importance of EI in personal and professional development.
- To provide practical strategies for enhancing EI skills.
- To discuss the impact of EI on leadership, teamwork, and workplace dynamics.
- To engage participants in interactive discussions and exercises to practice EI skills.

Proceedings:

- **Keynote session:** Smt. Bhavani Shree started the session by defining Emotional Intelligence and its significance. They provided a historical context, explaining how EI emerged as a critical area of study in psychology and its growing importance in personal and professional settings.
- **EI in the Workplace:** The lecture included a segment on the application of EI in the workplace. The speaker explained how EI contributes to effective leadership, enhances teamwork, and aids in conflict resolution. Real-world examples and case studies were presented to illustrate these points.
- **Strategies for Enhancing EI:** Practical strategies for developing and enhancing EI were shared. These included techniques for improving self-awareness, methods for self-regulation, ways to increase motivation, exercises to build empathy, and tips for enhancing social skills.
- **Interactive Session:** An interactive session followed, where participants engaged in group discussions. These activities were designed to help attendees practice EI skills in a supportive environment, reinforcing the concepts learned during the lecture.



PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004

Outcome:

- Participants gained a deeper understanding of EI and its relevance in various aspects of life.
- Students learned practical techniques for improving their emotional intelligence.
- The interactive session fostered engagement and allowed participants to apply EI concepts in practical situations.

Conclusion:

The guest lecture on Emotional Intelligence was a resounding success, providing valuable knowledge and skills to all attendees. The insights shared by Dr. Bhavani Shree have equipped participants with the tools to better understand and manage their emotions, improve their interpersonal relationships, and enhance their professional capabilities. The event underscored the importance of EI in today's fast-paced and complex world, and it has inspired many to continue learning and developing their emotional intelligence



HOD

Head of the Department
Department of Business Administration
MMK & SDM Mahila Mahavidyalaya
K.M. Puram, Mysore - 570004



PRINCIPAL

PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004

MMK & SDM Mahila Maha Vidyalaya, Mysore

Department of Business Administration

Student Circular

Date: 06.05.2024

A guest lecturing on the Topic "Emotional Intelligence" will be held on 07.05.2024 Tuesday at 11a.m in the auditorium. All the students are hereby informed to attend without fail.



Head of the Department

Head of the Department
Department of Business Administration
MMK & SDM Mahila Maha Vidyalaya
K.M. Puram, Mysore - 570004

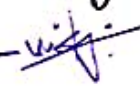


Principal
PRINCIPAL

MMK & SDM Mahila Maha Vidyalaya
Krishnamurthypuram, Mysuru-570004

Classes

III BBA — 

I BBA — 



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004



Prof. Sainath Malligemadu
Principal

Dr. D Veerendra Heggade
President: SDME Society, Ujire.

To,

Dr. Bhavanishree Arepalli
Associate Professor
Vidyavardhaka collage of Engenieering
Gokulam
Mysore.

Respected Madam,

Subject: Inviting as a Resource person on "Emotional Intelligence".

MMK & SDM Mahila Mahavidyalaya, established in the year 1990. It is a pioneering College in the field of Women's Education and Empowerment. Our President Padma Vibhushan Poojya Dr. D. Veerendra Heggade's name instantly brings in a stamp of integrity & quality. Our institution has been striving to attain all round excellence and to impact quality education along with ethical and cultural awareness to students of all strata of society under the dynamic guidance of Poojya Heggdeji.

With reference to the above subject we are Pleased to inform, you are cordially invited as Resource person on the topic of "Emotional Intelligence" to be on 07/05/2024 at 11am.

We hope that you will accept our request for this invitation and help our students to gather knowledge. We are looking forward to your kind response.

Thanking you

Yours Sincerely



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004



Prof. Sainath Malligemadu
Principal

Dr. D Veerendra Heggade
President: SDME Society, Ujire.

To,
Dr. BhavanishreeArepalli
Associate professor
Vidyavardhaka Collage of Engineering
Gokulam
Mysore.

Respected Madam,

We are extremely thankful to you for your gracious presence as Resource person. Thank you for your kind presence and for having associated with us on the said occasion. I am sure that students were immensely benefited by your presence. We will look forward to have more of your presence in the future events.

Thanking You

Yours sincerely
PRINCIPAL

MMK & SDM Mahila Maha Vidyalaya
Krishnamurthypuram, Mysuru-570004

Photos:



Mysuru, Karnataka, India
1498/24, 3rd Cross Road, Krishnamurthy Puram, Mysuru, Karnataka 570004, India
Lat 12.293798°
Long 76.643541°
07/05/24 11:21 AM GMT +05:30



Mysuru, Karnataka, India
1498/24, 3rd Cross Road, Krishnamurthy Puram, Mysuru, Karnataka 570004, India
Lat 12.293774°
Long 76.643526°
07/05/24 11:28 AM GMT +05:30

PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 :

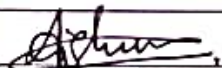
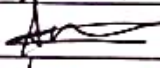


MMK &SDM MAHILA MAHA VIDYALAYA
KRISHNAMURTHIY PURAM, MYSORE

DEPARTMENT OF BUSINESS ADMINISTRATION

Organized

GUEST LECTURE ON "EMOTIONAL INTELLIGENCE"

Date: 7-05-2024 Student signature sheet venue: Auditorium

SL.NO	PARTICIPANTS	REG NO	SIGNATURE
1	AISHWARYA. K	21900	
2	AMULYA. M	21901	AMULYA.M
3	ANANYA. R	21902	Ananya R
4	ANANYA S	21903	Anya S
5	ANUSHREE. S	21904	
6	ARCHANA. N	21905	Archana N
7	BHARATHI. R	21907	Bharathi R
8	BHAVISHYA. C	21908	Bhavishtya C
9	BHOOMIKA. B	21909	Bhuma B
10	BIBI. FATHIMA.FARZEEN	21910	Fathima
11	CHANDANA. C. N	21911	
12	DAKSHATHA M	21912	DAKSHATHA.M
13	DAYANA S	21913	Dayana S
14	DEEKSHA. S	21914	Deeksha S
15	DEEPTHI. S. R	21915	
16	DIVYASHREE. A	21916	Divya
17	HARSHITHA M S	21917	Harshitha MS
18	HARSHITHA. S(SURESH S M)	21918	H.S.
19	HARSHITHA. S(SHAILESHA R)	21919	Harshitha.S.
20	INCHARA. R	21921	Inchara R
21	KAVANA. R	21922	Kannal
22	KAVERAMMA. K. M	21923	P.S.
23	KAVYA M N	21924	Kavya M N


PRINCIPAL
MMK & SDM Mahila Mahavi Vidya
Krishnamurthy Puram, Mysore-575 004

24	KAVYA. R	21925	Kavya R
25	KEERTHANA. K	21926	Keeth - K
26	KRUPASHREE M	21927	Krupashree M
27	KRUTHIKA. M	21928	Kruthika M
28	KRUTHIKA. R	21929	Kruthika R
29	LIKITHA. N	21930	Likitha N
30	MANISHA. M	21931	Manisha M
31	MANUSHREE	21932	Manushree
32	MONISHA. U	21933	Monisha U
33	NAILA. SADAF	21934	N.S.
34	NASMA. RIZA	21935	Absent
35	POOJA. RAVI. R	21937	P.R.
36	PRATHEEKSHA. HEGDE	21938	Hegde
37	PRERANA. A	21939	Pr
38	RAJSHREE GUPTA H N	21940	Absent
39	RAKSHITHA. M. S	21941	Rakshitha M-S
40	SANIYA BANU	21942	Saniya
41	SANJANA. P	21943	Sanjana
42	SHASHI. N	21944	Shashi
43	SHIFA. KHANUM	21945	Shifa
44	SHIZA. ZAIB. M	21946	Absent
45	SNEHA H G	21947	Sneha
46	SNEHA. M V	21948	Sneha
47	SUCHITHA. V	21950	Stha
48	THANUJA. PRIYAA. P	21951	Thanuja
49	THANUSHREE. S	21952	Thanuja
50	UMME HANIYA	21953	Umme
51	VANDANA. S	21954	Vandana
52	VARSHA. M(MAHESH M S)	21955	Absent
53	VARSHA. R(RAJESH S)	21956	Varsha R
54	VARSHA. R(RAMESHA)	21957	Varsha R
55	VIJETHA. M	21958	Vijetha
56	YOGITHA. M	21959	Yogitha


PRINCIPAL
 MMK & SPM Mahila Mahavidyalaya
 KrishnaMurthyPuram, Mysore-570 004

57	KAVYA R	21960	Kavya R
58	ADITHI. KORNAYA(S)	21700	Adithi
59	ANKITHA. H. K(K)	21701	Ankitha
60	ANUSHA. C(K)	21702	Absent
61	ANUSHA. S(S)	21703	AS
62	CHAITHRA. R. M(K)	21706	Chitra
63	CHANDANA. A. P(K)	21707	Chandana P.P.
64	CHANDANA. V(K)	21708	Chandana V
65	CHAYA RASHMI. R(K)	21709	Chaya
66	CHETHANA T(K)	21710	Chethana
67	DAMINI. S(K)	21711	Damini
68	DEVIKA. R. CHANDRU(K)	21712	Devika
69	DHANYA. G. T(K)	21713	Dhanya
70	DHARSHINI. S(K)	21714	Dharshini
71	GAGANASHREE K B(K)	21715	Gaganashree
72	GAYATHRI. KRUPAKAR(K)	21716	Absent
73	HAMSANA. S(K)	21717	Hamsana
74	HARSHITHA. Y(K)	21718	Harshitha Y
75	HASMITHA. K. S(S)	21719	Hasmitha K S
76	KANAKA. SHREE. B(K)	21720	Kanakashree
77	KAVANA. M. S(K)	21721	Kavana M S
78	KEERTHANA. L(K)	21722	Absent
79	KEERTHANA. V(K)	21723	Keerthana
80	LAKSHMI. R(H)	21724	Lakshmi
81	LIKHITHA BALRAJ	21725	Likhitha B
82	MADHU. S(K)	21726	Madhu S
83	MADHUSHRI. M(K)	21727	Madhushri
84	MANJUSHREE D(S)	21729	Manjushree
85	N. KUSUMA(H)	21730	Kusuma
86	NAVYAREETA. A. N(K)	21731	Navyareeta
87	NEHA. JAIN. T P(K)	21732	Neha Jain
88	NIRMITHA. PRASAD. N S(K)	21733	Nirmitha
89	NIVEDITHA. S(K)	21734	Niveditha S


PRINCIPAL
 MMK & SDM Mahila Mahavidyalaya
 Krishnamurthypuram, Mysore-570 044

90	P. DHANUSHREE(K)	21735	P. Dhanshree
91	POOJA M(H)	21736	Pooja M
92	POOJA. URS. P(K)	21737	Pooja urs
93	POORVIKA. R(K)	21738	Poorvika
94	PRAKRUTHI. M(S)	21739	Prakruthi M
95	PUSHPA. S(K)	21740	Pushpa
96	RAKSHITHA. D(K)	21741	Rakshitha D
97	RAKSHITHA R(S)	21742	Rakshitha R
98	REEYA. THANGAMMA. K V(K)	21743	Absent
99	ROSHNI. M. I(H)	21744	Roshni
100	RUBIYA. BANU. M(K)	21745	Rubiya
101	S. KOMALA. BAI(K)	21746	S. Komala
102	S. SAHANA(H)	21747	S. Sahana
103	S. VARSHINI(K)	21748	Varshini -S.
104	SAHANA. M(K)	21749	Sahana
105	SANJANASHREE. S(K)	21750	Sanjana
106	SHIVARANJINI. S. P(K)	21751	Shivaranjini
107	SHREELAKSHMI. N(K)	21752	Absent
108	SINCHANA. G(K)	21753	Sinchana
109	SINCHANA. K(K)	21754	Sinchana
110	SRI VIDYA. R(K)	21756	Sri Vidya
111	SWAPNA. R(K)	21757	Swapna
112	THIRTA. SRI(K)	21758	Absent
113	VARSHA. M. N(K)	21759	Varsha M
114	NIDHISHREE P(K)	21821	Nidhishree P
115	SINCHANA C(K)	21822	Sinchana C
116	SWETHA C(K)	21823	Swetha C
117	AISHWARYA. M. K(S)	21760	Aishwarya M
118	ANANYA. H. T(K)	21761	Ananya H
119	ARCHANA. B(K)	21762	Absent
120	BHAVANA. R(K)	21763	Bhavana
121	BHOOMIKA. N(K)	21764	Bhoomika



PRINCIPAL

MMK & SDM Mahila Mahavidyalaya
Kris: ...dhanuram, Mysore-576 004

122	BHUVANA. V. KUMAR(K)	21765	Bhuvana V.K
123	BIBI. JAMALIYA. NOORAIN(H)	21766	Bibi Jamaly
124	DAKSHITHA. N(S)	21767	Dakshitha
125	DHATRI. H. R(K)	21768	Dhatri
126	GAGANA. P(K)	21770	Gagana
127	GAGANASHREE S(K)	21771	Gaganashree
128	HALALE. MAHALAKSHMI	21772	Halale Mahalakshmi
129	HARSHITHA. S(K)	21773	Absent
130	INCHARA. C. G(K)	21774	Inchara
131	KALYANI. G. N(K)	21775	Kalyani
132	KAVANA. RAJ. N(K)	21776	Kavya
133	KAVYA. H(K)	21777	Kavya H
134	KEERTHANA. G(S)	21779	Keethana G
135	LAKSHMI. M R(K)	21780	Lakshmi M.R
136	LEELA. R(K)	21781	Leela R
137	LOHITHA. M. V(K)	21782	Lohitha
138	MADHUSHREE. A. R(K)	21783	Madhusree
138	MAHATHI. R(K)	21784	Mahathi
140	MANASA. GANESHA(S)	21785	Manasa Ganesha
141	MANDARA. K. P(K)	21786	Mandara K.P
142	MONISHA. M(K)	21787	Monisha
143	MOUNA. P(K)	21788	Mouna P
144	NANDANA. MOHAN(H)	21789	Nandana Mohan
145	NAZIYA(K)	21790	Nazya
146	PRAGNYA. M. V(S)	21791	Pragnya M.V
147	PRAKRUTHI. M. M(K)	21792	Prakruthi M.M
148	PRANATHI. J(S)	21793	Pranathi J
149	PRATYUSHA. S(K)	21794	Pratyusha S
150	PUSHPALATHA. M(K)	21795	Pushpalatha
151	RAKSHITHA. H(K)	21796	Absent
152	RAKSHITHA. N(K)	21797	Rakshitha
153	RAKSHITHA. R(RAVIKUMAR)(K)	21798	Rakshitha
154	RAMYA. B(K)	21800	Ramya B

PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004

155	RATHNASHREE. R(S)	21801	Rathnashree
156	SAHANA. DEVARAJA. HEGDE(S)	21802	Sahana
157	SAHANA. M. S(K)	21803	Absent
158	SANJANA. M(K)	21804	Sanjana. M
159	SANJANA. P(S)	21805	Absent
160	SHALINI. S(K)	21806	Absent
161	SHARADA. N(K)	21807	Sharada. N
162	SHOBHASHREE. H. B(K)	21808	Shobhashree. HB
163	SHRAVANI. V(S)	21809	Shravani. V
164	SINCHANA. C P(K)	21810	Sinchana
165	SINCHANA. P(K)	21812	Sinchana
166	SONU. N(K)	21813	Sonu. N
167	SOWNDARYA. H. N(K)	21814	Absent
168	SUKALPA. S(S)	21815	Sukalpa. S
169	SURAKSHA. C. M(K)	21816	Suraksha. CM
170	SUSHMITHA. H. S(S)	21817	Sushmitha.
171	TEENA. A. G(K)	21818	Teena
172	VAISHNAVI. D(K)	21819	Vaish
173	YASHASWINI. V(K)	21820	Absent.
174	MANASA	21824	Manasa
175	PRAGATHI D	21825	Pragathi. D
176	VISHRUTHA SUDHAKAR(K)	21826	Vishrutha
177	KARTHIGA D(H)	21827	Karthiga



HOD

Head of the Department

Department of Business Administration
MMK & SDM Mahila Mahavidyalaya
K.M. Puram, Mysore - 570004



PRINCIPAL

PRINCIPAL

MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570004