

## MMK & SDM MAHILA MAHAVIDYALAYA

KRISHNAMURTHYPURAM, MYSORE

### LEGAL LITERACY COMMITTEE

### REPORT ON DRUG ABUSE PREVENTION

**TOPIC:** "DRUG ABUSE PREVENTION"

CHIEF GUEST

: Sri. Dinesh B G

Hon'ble Senior Civil Judge and Member Secretary,

District Legal Services Authority,

Mysore

RESOURCE PERSON:

Smt. Geetha H J

Panel Advocate

District Legal Services Authority,

Mysore

CO-ORDINATOR

Sri Niranth M R

Coordinator

Legal literacy committee

**MEMBERS** 

Smt Anitha P Jayaram

Assistant Professor Department of Hindi

Smt. Vidya M R Assistant Professor

Dept of Business Administration

Ms. Kavyashree **Assistant Professor** Dept of Commerce

Ms. Bhargavi H G **Assistant Professor** 

Department of Computer Science

VENUE

College auditorium Date: 21.09.2023 Time: 11:00am

**BENEFICIARIES**: 161 students from legal literacy committee

MMK & SDM Mahila Mahavidyalay: Krishnamurthypuram, Mysore-570 00.

### Introduction:

Drug abuse prevention is a critical and ongoing effort aimed at reducing the misuse of substances that can have detrimental effects on individuals, families, and communities. It encompasses a wide range of strategies and initiatives designed to educate, raise awareness, and ultimately reduce the prevalence of substance abuse and its associated consequences

### Program Objectives:

- a. Preventing Initiation of Drug Use: Educate individuals about the risks and consequences of drug abuse to deter them from experimenting with drugs. Encourage healthy lifestyle choices, resilience, and coping skills to reduce the likelihood of initial drug use and Implement policies and measures to restrict access to drugs, especially among young people.
- b. Early Detection and Intervention: Identify individuals or groups at higher risk of substance abuse due to factors like family history, trauma, or peer pressure. Offer targeted educational programs and interventions to at-risk populations to prevent the escalation of drug use and Ensure that individuals identified as at-risk have access to counseling, mental health services, and other resources.
- c. Promoting Community and Family Engagement: Enhance family communication and support systems to reduce the risk of substance abuse among children and adolescents. Develop community-based initiatives that engage schools, organizations, religious institutions, and local governments in prevention efforts and Establish peer support programs and mentorship initiatives to provide positive role models and influence behavior.
- d. Education and Awareness: Introduce age-appropriate drug education programs in schools to provide students with accurate information about drugs and their risks and Develop public awareness campaigns that disseminate information about the dangers of drug abuse and available resources for help

### Proceedings:

- Welcome Address: A program organizer or host welcomes attendees and introduces the purpose and importance of the event.
- Invocation: Pragnya and team of final year B.Com invoked the god's prayer.
- Kevnote Address:
- Understanding Addiction: Experts discuss the science and psychology of addiction, explaining why some individuals are more vulnerable to substance abuse. Health Consequences and Discussions on the physical and mental health consequences of drug abuse.
- Personal Stories/Recovery Stories: Individuals who have overcome addiction share their personal experiences, emphasizing the challenges they faced, their journey to recovery, and the importance of seeking help and Family members of individuals affected by addiction may also share their stories, shedding light on the impact of substance abuse on loved ones.

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### Outcomes:

- Increased Knowledge and Awareness: Participants gain a better understanding of the risks and consequences associated with drug abuse, including the physical, mental, and social effects of substance use.
- Identification of Signs and Risk Factors: Attendees learn how to recognize signs of drug abuse in themselves or others, as well as the risk factors that make individuals more susceptible to addiction.
- Improved Communication Skills: Participants acquire effective communication skills, enabling them to engage in open and nonjudgmental discussions about drug use with peers, family members, and friends.
- Empowerment to Make Informed Choices: Individuals leave the program with the knowledge and tools necessary to make informed decisions about drug use and to resist peer pressure.

#### Conclusion:

Drug abuse prevention is a critical and ongoing effort that requires the collaboration of individuals, communities, governments, and healthcare professionals. The detrimental consequences of drug abuse on individuals, families, and society underscore the urgency of implementing comprehensive prevention strategies. Education, awareness, and outreach programs play a pivotal role in equipping individuals with the knowledge and skills needed to make informed and healthy choices.

Coordinator

PRINCIPAL

MMK & SDM Mahila Mahavidyələya Krishnamurthypuram, Mysore-570 004



Inauguration of Drug Abuse Prevention Programme



Dignitaries lighting the lamp

PRINCIPAL

MMK & SDM Mahila Mahavidyalar

Krishnamurthypuram, Mysore-570 in



Sri Dinesh B G, Chief Guest speaking at the drug abuse programme



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MMK & SDM Mahila Mahavidyalay

Krishnamurthypuram, Mysore-570 00.



# MMK & SDM MAHILA MAHA VIDYALAYA

Krishnamurthypuram, Mysuru - 570004

Managed By: SDME Society, Ujire - President: Padma Vibushana Poojya Dr. D.Veerendra Heggade



Vision: Empowerment of Women to face the Global Challenges (Affiliated to University of Mysore, Mysuru - NAAC Accredited with "B" Grade)

An IQAC initiative

LEGAL LITERACY COMMITTEE

In association with

DISTRICT LEGAL SERVICES AUTHORITY, MYSORE
Organizes program on

# DRUG ABUSE PREVENTION



Inaugurator and keynote speaker

Sri. Dinesh B.G

Senior Civil Judge and Member Secretary, District Legal Services Authority, Mysuru

Chief Guest & Resource person

Smt. Geetha H.J

Panel Advocate,
District Legal Services Authority, Mysuru

Presided by

Prof. Sainath Malligemadu Principal

> Sri. Niranth M.R Cordinator, LLC

Smt. Anitha P Jayaram

Member, LLC

Miss. Bhargavi H G

Member, LLC

Smt. Vidya M R

Member, LLC

Miss. Kavyashree S

Member, LLC



College Auditorium



21-09-2023



11.00 am













PRINCIPAL

MMK & SDM Mahila Mahavidyalaya Krishnamurthypuram, Mysore-570 004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

# SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA



Krishnamurthypuram, Mysore - 570 004

Prof. Sainath Malligemadu

Principal

Dr. D Veerendra Heggade

President: SDME Society, Ujire.

### **Legal Literacy Committee**

Drug Abuse Programme Student's List

Sl No	Name	Roll No	Class	Signature
1	Hitha Bopanna	23924	I BBA	
2	Anuja	23903	I BBA	ADL
3	Farzaana Hussein	23908	I BBA	, Langue Heron
4	Anam Fathima	22902	II BBA	Hran.
5	Harshtiha	22910	II BBA	Har SI the
6	Shreya	22929	II BBA	obers.
7	Preethi	22926	II BBA	Preeth
8	Ananya R Bhat	22904	II BBA	Anima B Byct
9	Parvathi	22922	II BBA	Darvathi. M
10	Aanchal	22900	II BBA	Sanchal:
11	Thasmiya	22934	II BBA	Thasmaya .V
12	Latha	22917	II BBA	Latha M
13	Deeksha	22908	II BBA	Decksham
14	Gayathri	22909	II BBA	Gayather .8
15	Naga Ashwini	22921	II BBA	Nago Arthurniu
16	Risha	22927	II BBA	Ligha.
17	Vikasni . CM.	22935	II BBA	Mtens.
18	Thashvi Ganngamma	22933	II BBA	Thashue.
19	Mythri	22920	II BBA	Mythri.
20	Anusha	22905	II BBA	Justa 3
21	Shree lakshmi	22906	II BBA	Shree Aakshmi.
22	Anshitha	22901	II BBA	Angletha.
23	Poorvika	22923	II BBA	Poetravi Ka
24	Bhanupriya	22907	II BBA	Bhanu buya
25	Sinchana Muthamma	22913	II BBA	Sinchant
26	Inchara	21921	III BBA	Dretter, R
27	Umme Haniya	21953	III BBA	n () that .
28	Monisha U	21933	III BBA	Harris.
29	Sanjana	21943	III BBA	Samuel.
30	Kruthika	21928	III BBA	Keerthita. R
31	Sneha	21947	III BBA	122
32	Shiza Zaib	21946	III BBA	STATE OF THE PARTY
33	Soundarya, B	23734	I B.Com A	Soundarya B
34	Thanushree, S.L	23738	I B.Com A	St. Thanklus
35	Gagana . G . N	23711	I B.Com A	Gogana. G.N
36	Pareeksha	23722	I B.Com A	Parperela.
37	Nithya	23721	I B.Com A	Marallehis Hou
38	Pranitha () 5	23724	I B.Com A	Pranisha DSPRINCIPAL
39	Harshitha	23748	I B.Com B	Hadding Say Mahila Mahay

Phone: 9886166750, 0821-2332865 Email: principal@sdmmmkmysore.in Website: sdmmmkmysore.in

37	Nithya	23721	I B.Com A	Nityallahy.
38	Pranitha	23724	I B.Com A	447
39	Harshitha	23748	I B.Com B	Hoodbuthouse
40	Yashawini	23783	I B.Com B	Chtor.
41	Chithrashree	23744	I B.Com B	Chithra hree & C
42	Sanjana	23773	I B.Com B	FEATURE .
43	Manasvi	23757	I B.Com B	Marain Murth
44	Dipshika	23747	I B.Com B	Dipsikhatonway
45	Keerthana	23754	I B.Com B	Jan X
46	Srushti	23777	I B.Com B	E C
47	Babitha	23743	I B.Com B	Babitha
48	Spoorthi	22737	II B.Com A	- Spector
49	Poorvika	22728	II B.Com A	Poorvika.
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53	Harshitha	22712	II B.Com A	49
54	Gayathri	22711	II B.Com A	Amentha
55	Amrutha	22781	II B.Com A	- de
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61	Pragnya	21791	III B.Com B	00
62	Sahana Hegde	21702	III B.Com B	SAR
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74	Sinchana Bl	23553	I BCA A	Chelana, B
75	Harshitha N	23515	I BCA A	Harshitho
76	Vanshika	23619	I BCA B	Wandage
77	Aishwaraya	23564	I BCA B	Askhi ay
78	Kruthika	23581	I BCA B	Donat
79	Rakshitha K	23603	I BCA B	Parch the
	Dhanushree	23573	I BCA B	A Committee
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82	Vidyashree	23622		
83	Aisha Mp	23563	I BCA B	Argua
84	Varshini R	23621	I BCA B	K - V - 1
85	Deeksha Kb	23571	I BCA B	Durchak

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86	Yashaswini	23623	I BCA B	Varramini
87	Varsha S	23620	I BCA B	Variher
88	Sushma	22661	II BCA	Sushine
89	Keerthana .S	22625	II BCA	X4thana
90	Neha Mathew	22637	II BCA	Neha
91	Nandhini	22636	II BCA	Nandine.
92	Nruthya Shree	22639	II BCA	Dhuthya.
93	Vaishnavi	22665	II BCA	Volky how
94	Soundarya K	22659	II BCA	Marie
95	Lavanya	22627	II BCA	Lawanya.
96	Ayesha	22607	II BCA	ageno
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124	Shambavi N	22653		Michin
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128	Vidya Y	22667	II BCA	Vidgo. Y
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133	Nayana Ks	21632	II BCA	No.
134	Anjali	21602	II BCA	da.

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135	Darshini	21615	II BCA	DA
136	Shambavi	21649	II BCA	
137	Likhitha	21628	II BCA	
138	Ananya Urs	21601	II BCA	# <u> </u>
139	Bhramara	21609	II BCA	
140	Bhavani	21607	II BCA	18-
141	Rakshitha	21642	II BCA	laksh
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143	Rekha Kumari	21643	II BCA	Reku
144	Sushma K	21660	II BCA	Richa Tunai
145	Chandhana H	23153	I BSc	Chadras
146	Sneha S	23118	I BSc	No.
147	Maria Anisha	23171	I BSc	1 Tegaste
148	Thejaswini	23160	I BSc	0000
149	Spandana -	23164	I BSc	Spandane
150	Rashmi K	21175	III BSc	Ra-1.1
151	Prakruthi	21173	III BSc	Prakenthi.
152	Rishitha	21176	III BSc	Bashi tha
153	Kannika	21172	III BSc	Kanika
154	Rakshitha	21174	III BSc	Rake Ith
155	Riya Ur	21165	III BSc	Riva, UR
156	Deekshitha	21161	III BSc	and kishitha
157	Thanushree	21178	III BSc	Than had
158	Anushree	21160	III BSc	Anun hore
159	Deepika	21170	III BSc	Deepera
160	Yashu R	21179	III BSc	Lashu
161	Syeda Roshni	21177	III BSc	Doshini

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# MMK & SDM MAHILA MAHA VIDYALAYA, MYSORE LEGAL LITERACY COMMITTEE(LLC)

### Circular

Date: 20-09-2023

Legal Literacy Committee (LLC) in association with District Legal Services Authority, Mysoreis organizes program on "Drug Abuse Prevention" aimed to raise awareness about the dangers of drug abuse and promote a healthier, drug-free lifestyle.

20 07 27

Coordinator

MMK & SDM Mahila Mahavidyalaya Krishnamurthypuram, Mysore-570 004

I B.Com 'A'

I B.Com 'B' ₹

I BBA

II B.Com 'A'

II B.Com 'B'

II BBA

III B.Com 'A'

III B.Com 'B'

III BBA P

I BSc

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I BSc (BtBM)

II BSc

II BCA

II BSc (BtBM)

III BSc

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III BCA

III BSc (BtBM)



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004

Affiliated to University of Mysore, Accredited by NAAC with B Grade Vision: "Empowerment of Women to face the global challenges"

# An IQAC initiative LEGAL LITERACY COMMITTEE

In association with

## DISTRICT LEGAL SERVICES AUTHORITY, MYSORE

Organizes program on

## DRUG ABUSE PREVENTION

## **Program List**

Date: 21.09.2023

Time: 11:00 AM

Invocation	Kum. Pragnya M V and team of III B.Com  Kum. Varsha S of I BCA			
Welcome Speech				
Lighting of Lamp				
Inaugural Address	Sri. Dinesh B G  Hon'ble Senior Civil Judge and Member Secretary, District Legal Services Authority, Mysore			
Resource Person	Smt. Geetha H J Panel Advocate District Legal Services Authority, Mysore Prof Sainath Malligemadu Principal			
Presidential Remarks				
Vote of Thanks	Kum. Thashvi Gangamma of II BBA			

Master of Ceremony: Kum. Hitha Bopanna of I BBA

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MMK & SDM Mahila Mahavidyalawa Krishnamurthypuram, Mysore-570 00-