



M.M.K. & S.D.M. Mahila Mahavidyalaya, Mysore

Career Guidance and Placement Cell

In Association with

Rubicon Skill Development Pvt Ltd

Report on

“PERSONALITY DEVELOPMENT PROGRAM”

DATE : 08-02-2024 to 10-02-2024

TRAINERS : Girish Bushan, T S Ramanathan,
Bojamma M U, Sanjana B
Trainers, Rubicon Skill Development Pvt Ltd

ORGANISER : Sri. Mahadevaswamy S
Assistant Professor & Placement Officer
Department of Commerce & Management
MMK & SDM Mahila Mahavidyalaya, Mysore

MEMBERS : Smt. Rajarajeshwari Smt. Vidya M R,
Ms. Kavyashree S, Dr. Sudhamani M,
and Dr. N Dileep
Assistant Professor's
MMK & SDM Mahila Mahavidyalaya, Mysore

VENUE : College Auditorium

BENEFICIARIES : 220 Second Year UG and First year P.G. students



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Introduction:

Career Guidance and Placement Cell organized 3 days "Personality Development Program" for Second Year B.com, BBA, BCA, B.Sc and First Year M.Com Students. This program aimed to equip participants with essential skills to enhance their academic and professional prospects and the program was preceded by Lighting of the Lamp. The program was preceded by Prof. Sainatha Malligemadu Principal with his inputs to students about the enrichment of skills and dedication and the significance of development program. The Resource Person and the trainers gave the inputs about personality development skills like- Expectation setting, Ice breaking, Organizational Structure, SWOT Analysis, Corporate Jargons, Public Speaking, Presentation Skills, E-mail Etiquette, Grooming, Body language, Telephone Etiquette, Group Discussion, Personal Interview.

Programme Objectives:

- **Self-awareness:** Helping students understand their strengths, weaknesses, values, and beliefs. This fosters a clearer understanding of themselves and their goals.
- **Confidence building:** Building self-confidence and self-esteem through various exercises and feedback mechanisms. This helps students to believe in themselves and their abilities.
- **Communication skills:** Enhancing verbal and non-verbal communication skills, including public speaking, listening, and assertiveness. Effective communication is crucial for personal and professional success.
- **Interpersonal skills:** Developing the ability to build and maintain relationships, resolve conflicts, and work effectively in teams. These skills are essential for collaboration and leadership.
- **Professionalism:** Instilling professionalism in students by teaching them about workplace ethics, time management, and professional attire. This prepares them for the expectations of the professional world.

Proceedings:

1. Theory Session:

1. Communication Skills: Covered written and oral communication techniques, including report writing, email etiquette, and effective presentations.
2. Behavioral Skills: Explored topics like teamwork, time management, adaptability, and stress management.
3. Ethics and Equity: Discussed ethical dilemmas, diversity, inclusion, and social responsibility in various contexts.
4. Interpersonal Skills: Provided practical training in active listening, conflict resolution, and empathy building.
5. Public Speaking: Conducted debates, and public speaking exercises to improve participants' confidence and articulation.



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6. Management: Introduced fundamental management principles, leadership styles, and project management basics.
2. **Question and Answer Session:**
 - a.) An interactive and informative Question and Answer session enabled students to gain the knowledge about personality development and time management.
 - b.) Practical session in between which is Related communication skill and public speaking.

Programme Outcome:

The Personality development program yielded several positive outcomes:

- a. **Enhanced Communication:** Participants exhibited improved written and oral communication skills, benefiting their academic performance.
- b. **Positive Behavioral Changes:** Students demonstrated greater adaptability, teamwork, and stress management abilities.
- c. **Ethical Awareness:** Increased understanding of ethics, equity, and social responsibility was evident among participants.
- d. **Stronger Interpersonal Skills:** Improved conflict resolution, active listening, and empathy were observed.
- e. **Confident Public Speakers:** Many students reported increased self-confidence and improved public speaking abilities.
- f. **Management Proficiency:** Participants gained a foundational understanding of management principles and leadership skills.

Conclusion:

The Personality development program for UG and PG students has proven to be beneficial, with positive impacts on academic, professional, and personal growth. The students successfully equipped with essential skills in communication, behavioral, ethical, interpersonal, public speaking and management domains.



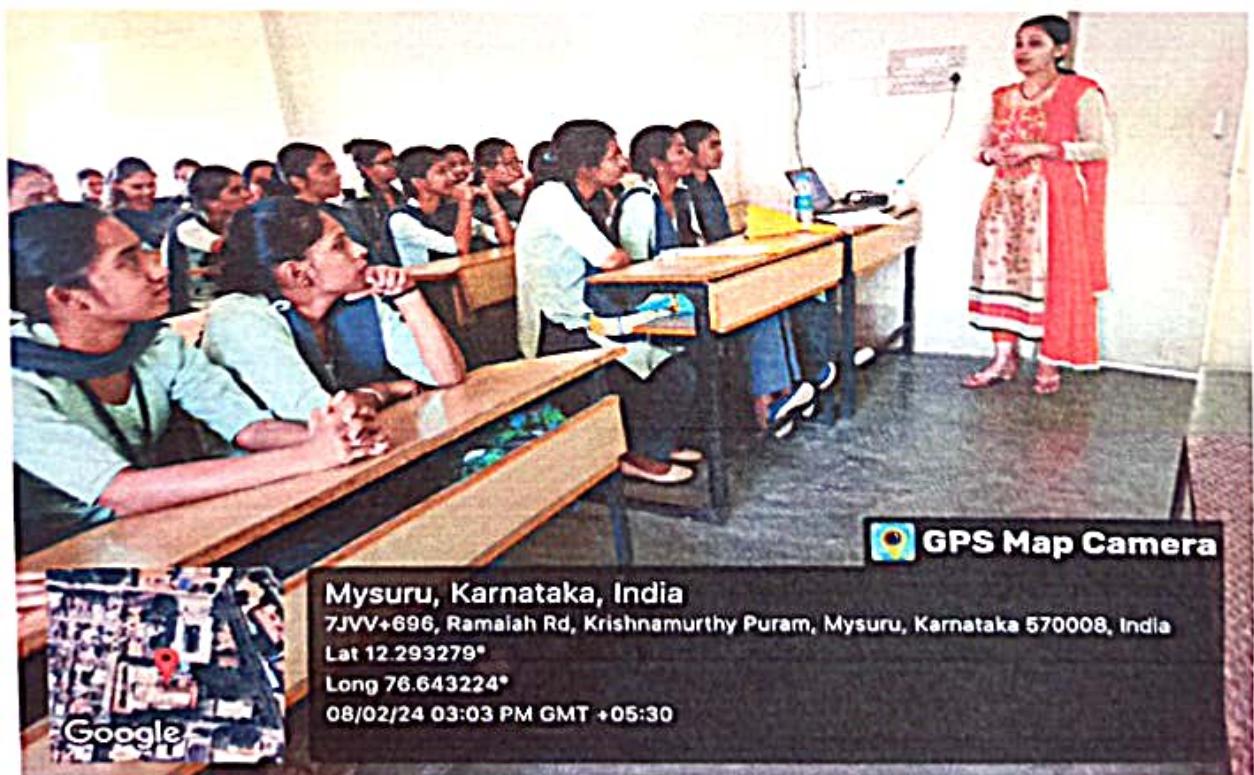
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Photo Gallery:



Inauguration



Bhavathi MR

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Personality Development Program Batch 1



Personality Development Program Batch 2

Bharathi N

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Personality Development Program Batch 3



Personality Development Program Batch 4

Bharathi RV

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ಎಸ್ ಡಿಎಂನಲ್ಲಿ ವ್ಯಕ್ತಿತ್ವ ವಿಕಸನ ತರಬೇತಿ



- ಕನ್ನಡಪ್ರಭ ವಾರ್ತೆ ಮೈಸೂರು ನಗರದ ಎಂಎಕೆ ಮತ್ತು ಎಸ್ ಡಿಎಂ ಮಹಾ ಕಾರ್ಯಾಚಾರ್ಯರಾಜೀವ್ ಸ್ವಾಮಿ ದೇವಲಪ್ಪೆಂಟಪ್ಪ, ಪ್ರ.ಲ.ಸಹಯೋಗದಲ್ಲಿ ವಿಶ್ವೀಯ ಪದವಿ ಮತ್ತು ಪ್ರಥಮ ಸ್ನಾತಕೋತ್ತರ ಪದವಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ನಿರಂತರ ವ್ಯಕ್ತಿತ್ವ ವಿಕಸನ ತರಬೇತಿ ಕಾರ್ಯಕ್ರಮ ಅಂದಿಸಲಾಗಿತ್ತು.

ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿದ ಕಾರ್ಯಾಚಾರ್ಯರಾಜೀವ್ ಸಾಯಿನಾಥ್ ಮಲ್ಲಿಗೆ ಮಾಡು ಮಾತನಾಡಿ, ವ್ಯಕ್ತಿತ್ವ ವಿಕಸನ ಕೌಶಲ್ಯಗಳ ಬಗ್ಗೆ ಮತ್ತು ಸ್ವಧಾರ್ತಕ ಯುಗದಲ್ಲಿ ಕೌಶಲ್ಯಗಳ ಅಗತ್ಯತೆಗಳ ಸುರಿತು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಅರಿವು ಮಾಡಿಸಿದರು.

ಮೂರು ದಿನಗಳ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ವಕ್ತಿತ್ವ ವಿಕಸನ ಕೌಶಲ್ಯಗಳಾದ ಸ್ವಾಚ್

ಅನಾಲೀಸಿಸ್, ಇಮೇಲ್, ಬರವಣಿಗೆ, ಪಬ್ಲಿಕ್ ಸ್ಟೇಟಿಂಗ್, ಬಾಡಿ ಲ್ಯಾಂಗ್ವೇಜ್, ಪ್ರಸಂಗೀಕಾರ ಸ್ಕ್ರಿಪ್ಟ್, ಗ್ರಾಪ್ ಡಿಸ್ಟ್ರಿಬ್ಯೂಟನ್, ಪರಿಸರ ಕೌಶಲ್ಯಗಳ ಬಗ್ಗೆ ಸುಮಾರು 258 ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ತರಬೇತಿ ನೀಡಲಾಯಿತು.

ಕಾರ್ಯಾಚಾರ್ಯರಾಜೀವ್ ತರಬೇತು ದಾರಾದ ಟ.ಎಸ್. ರಾಮನಾಥನ್, ಗಿರೀಶ ಭೂಪತಿ, ಭೋಜಮ್ಮೆ, ಬಿ. ಸಂಜನಾ, ಕಾರ್ಯಾಚಾರ್ಯರಾಜೀವ್ ಪಂಡಾಲಕಿ ಕ.ಎಸ್. ಸುಕೃತ, ಪ್ಲೇಸ್ಟಿಕ್ ಅಧಿಕಾರಿ ಎಸ್. ಮಹದೇವಸ್ವಾಮಿ, ಪ್ಲೇಸ್ಟಿಕ್ ಸಮಿತಿ ಸದಸ್ಯರಾದ ರಾಜ ರಾಜೇಶ್ವರಿ, ಎಂ.ಆರ್. ವಿದ್ಯಾ, ಡಾ. ಸುಧಾಮಣಿ, ಡಾ.ಎಸ್. ದಿಲೀಪ್, ಕಾವ್ಯಶ್ರೀ ಮೊದಲಾದವರು ಇದ್ದರು.

Personality Development program in Kannada Prabha Newspaper

Bharathi N

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Krishnamurthypuram, Mysuru

CAREER GUIDANCE AND PLACEMENT CELL

CIRCULAR

All the second year UG and First Year PG students are hereby informed that, the Career Guidance and Placement cell is organising 3 days **Personality Development Programme** to second year UG and First Year PG students in association with Rubicon Skill Development Pvt Ltd, From 8th Feb to 10th Feb 2024. All are hereby instructed to assemble in the Auditorium at 9:00 am.


Coordinator
(MAHADEVASWAMY.S)


Principal
(Prof. SAINATH MALLIGEMADU)
PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004

Class

1. II B.Com A
2. II B.Com B
3. II BBA
4. II BCA
5. II B.Sc
6. I M.Com

|| OM SHRI MANJUNATHAYA NAMAH ||

Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004



STUDENTS ATTENDANCE REGISTER (Subject - Wise)

From..... To.....

Batch - I

Subject : Personality Development Programme

Class : BATCH - I

Lecturer: KAVYASHREE S.

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Krishnamurthypuram, Mysore - 570 004



STUDENTS ATTENDANCE REGISTER (Subject - Wise)

From..... To.....

Batch - II

Subject : Personality development programme

Class : II..... B.C.A

Lecturer:

Subject
Lecturer :Sri/Smt.....Year : 20 - 20

Sl. No.	Name	Sl.No.of Class Month Date	1	2	3	4	5	6
			2	2	2	2	2	2
			8	8	9	9	10	10
36	Namratha. Prasad	62635	1	2	3	4	A	A
37	Nandini	636	1	2	3	4	5	6
38	Neha Mathew	637	1	2	3	4	5	6
39	Neveditha MV	638	1	2	3	4	A	A
40	Neruthynshree	639	1	2	3	4	5	6
41	Pooja H R	640	1	2	3	4	A	A
42	Pooja D	641	1	2	A	A	A	A
43	Prajna C	642	1	2	3	4	5	6
44	Priya P	643	1	2	3	4	A	A
45	Priya V M	644	1	2	A	A	A	A
46	Priyadarshini G	645	1	2	A	A	A	A
47	Punya	646	1	2	3	4	A	A
48	Rachana G	647	1	2	3	4	5	6
49	Rengashree	648	A	A	A	A	A	A
50	Rahana B	649	1	2	3	4	5	6
51	Rakshi S	650	1	2	3	4	A	A
52	Sandhya G	651	1	2	A	A	A	A
53	Rangetha	652	1	2	3	4	5	6
54	Shambhavi N	653	1	2	3	+	5	6
55	Shreya R	654	1	2	3	4	5	6
56	Sinchana HM	655	1	2	3	4	A	A
57	Sneha G	656	1	2	3	4	A	A
58	Sona H D	657	1	2	3	4	A	A
59	Soundarya V Kakade	658	1	2	3	4	5	6
60	Srushti shivayogi	659	A	A	A	A	A	A
61	Sushma B	660	1	2	3	4	5	6
62	Sushma K U	661	1	2	3	4	5	6
63	Tejaswini MN	662	1	2	3	4	5	6
64	Trupti. N	663	1	2	C	C	3	4

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Initials of Lecturer

SM SM SM SG SG SG

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STUDENTS ATTENDANCE REGISTER (Subject - Wise)

From..... 2023 To..... 2024

Batch - IV

Subject : Personal Development Programme

Class : Batch: OH

Lecturer:

