

MMK AND SDM MAHILA MAHA VIDYALAYA, MYSORE

Name of the committee- National Service Scheme Unit

Activity Report 2023-24

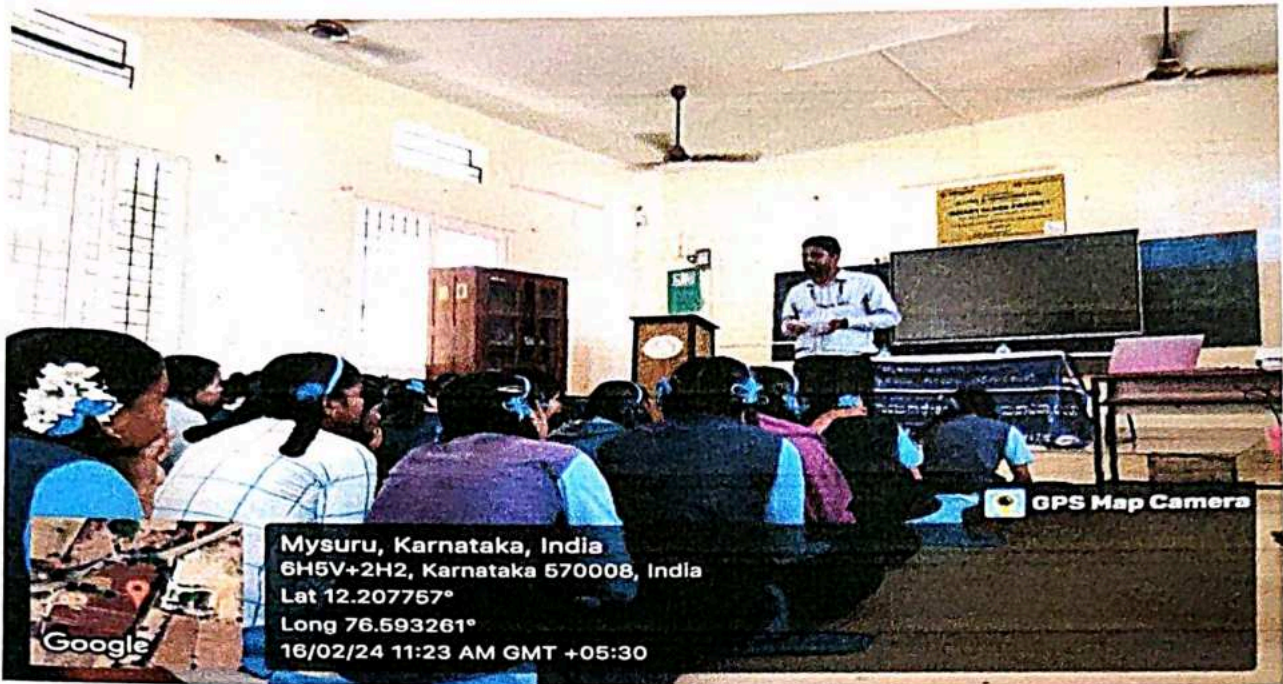
1. **Program Title** – A Guest Lecture on “Significance and Impacts of Social Media on Youngsters”.
2. **Date** – 16/02/2024
3. **Time** – 11 am
4. **Organized by**– NSS Unit, MMK & SDM MMV, Mysore
5. **Resource person** - Sri. Shivabeerappa M, Assistant Professor and HoD of Department of Business Management
6. **Venue** - Udhburu Village, Jayapura Hobli, Mysore
7. **Total no. of participants/ Beneficiaries** - 48
8. **Objective** –
 - Raise Awareness About Social Media Influence
 - Examine Psychological and Emotional Effects:
 - Provide Strategies for Managing Social Media Use
9. **Program Details** – The Special Lecture was given by Sri. Shivabeerappa M, Assistant Professor and HoD of Department of Business Management on the topic “Significance and Impacts of Social Media on Youngsters”. The Guest mentioned Social media make a significant contribution on online that connects a group of community that interact and exchange knowledge. Some extensively used social platforms such as Facebook, Wikipedia, Twitter, WhatsApp,, LinkedIn, Instagram. These not just social networking platforms but also where people can share their details with the people and community which can be snatched by hacker and may get misused for money and defame ones personality and excessive use of social media also impacts on physical health as well as mental health.
 Smt. Ramya S K, Associate Professor, Department of Computer Science, and Smt.Nayana MP, Assistant Professor, Department of Computer Science were also present during this session.
10. **Outcome** – Students will become more aware of the psychological effects of excessive social media use, such as stress, addiction, cyber bullying, and the pressure to conform to unrealistic standards.

Bharathi N

PRINCIPAL

MMK & SDM Mahila Mahavidyalaya
 Krishnamurthypuram, Mysore-570 004

11. Geo-tag photo-



Govt School students engaged in session on “Significance and Impacts of Social Media on youngsters” given by the Resource Person

Bharathi N

PRINCIPAL

**MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004**

15)

UNIVERSITY OF MYSORE
NATIONAL SERVICE SCHEME
SPECIAL CAMPING PROGRAMME PARTICIPANTS LIST
COLLEGE ADDRESS: MMK AND SDM MAHILA MAHAVIDYALAYA, MYSORE
CAMP PLACE: UDBUR MYSORE TALUK
DATE: 12-02-2024 TO 18-02-2024

| SL. NO | NAME OF THE VOLUNTEER | CLASS | TRANSPORTATION CHARGES | SIGNATURE |
|--------|-----------------------|-----------|------------------------|-------------------|
| 1 | V .ANANYA | I BSC | 42=00 | Ananya.V |
| 2 | AHALYA URS .B | I B.COM | 42=00 | Ahalya Urs B. |
| 3 | LATHA.M | II BBA | 42=00 | Latha.M |
| 4 | KEERTHANA.S.R. | I B.COM | 42=00 | Keerthana.S.R. |
| 5 | BHOOMIKA,B.M | II B.COM | 42=00 | Bhoomika.B.M |
| 6 | KAVYA.B.M | II B.COM | 42=00 | Kavya.B.M |
| 7 | CHANDANA.S. | I BCA | 42=00 | Chandana.S. |
| 8 | SONAKSHI.S | I BSC | 42=00 | Sonakshi.S |
| 9 | KUSHI.I.SAVADTTI. | I BSC | 42=00 | Kushi.I.Savadtti. |
| 10 | VIDYASHREE | I BCA | 42=00 | Vidyaashree |
| 11 | SANGEETHA.D | I BCA | 42=00 | Sangeetha.D |
| 12 | E.RUCHITHA | I BSC | 42=00 | E.Ruchitha |
| 13 | NISARA | I BCA | 42=00 | Nisara |
| 14 | POORNMA.C.M. | I BCA | 42=00 | Poornma.C.M. |
| 15 | CHANDANA.H. | I BSC | 42=00 | Chandana.H. |
| 16 | KANISHKA.G. | I BCA | 42=00 | Kanishka.G. |
| 17 | AISHA. M.P. | I BCA | 42=00 | Aisha.M.P. |
| 18 | SOWJANYA.N | I BCA | 42=00 | Sowjanya.N |
| 19 | PREETHI | II BBA | 42=00 | Preethi |
| 20 | JAYALAKSHMI.S | II BBA | 42=00 | Jayalaxmi.S |
| 21 | AISHWARYA.P. | II BCA | 42=00 | Aishwarya.P. |
| 22 | PRAFULA.V.S | I B.COM | 42=00 | Prafula.V.S |
| 23 | MONISHA.L.R | I B.COM | 42=00 | Monisha.L.R |
| 24 | KEERTHANA | I BSC | 42=00 | Keerthana |
| 25 | SPANDANA.D.M | I BSC | 42=00 | Spandana.D.M |
| 26 | SHAMBHAVI.N. | II BCA | 42=00 | Shambhavi.N. |
| 27 | ANANYA.K.S | I BBA | 42=00 | Ananya.K.S |
| 28 | MARIA ANISHA.A | I BCA BSc | 42=00 | Maria Anisha.A |
| 29 | ANJU.H.C | I B.COM | 42=00 | Anju.H.C |
| 30 | RAKSHITHA.B.K. | I BCA | 42=00 | Rakshitha.B.K. |
| 31 | ADVIYA SABA | I BCA | 42=00 | Adviya Saba |
| 32 | PRATHIKSHA | II BBA | 42=00 | Prathiksha |
| 33 | PARVATHI.M | II BBA | 42=00 | Parvathi.M |

Bharathi N

PRINCIPAL

MMK & SDM Mahila Maha Vidyalaya
Krishnamurthyparam, Mysuru-570004

| | | | | |
|----|------------------|----------------|-------|-------------------------|
| 34 | AMULYA | I BBA | 42=00 | <i>Amulya</i> |
| 35 | MEGHANA.U. | I BSC | 42=00 | <i>Meghana U</i> |
| 36 | POOJA.H.R. | II BCA | 42=00 | <i>Pooja H.R.</i> |
| 37 | AISHWARYA.K. | II BCA | 42=00 | <i>Aishwarya K</i> |
| 38 | AISHWARYA.N | II BCA | 42=00 | <i>Aishwarya N</i> |
| 39 | KUSUMA | II BBA | 42=00 | <i>Kusuma</i> |
| 40 | CHAITRA.L | I BSC | 42=00 | <i>Chaitra L</i> |
| 41 | MEGHANA.A | II B.COM | 42=00 | <i>Meghana A</i> |
| 42 | SOWPARNKA | II B.COM | 42=00 | <i>Sowparnika</i> |
| 43 | NISARGA MAHESH | II B.COM | 42=00 | <i>Nisarga Mahesh</i> |
| 44 | KEERTHANA PALLED | II B.COM | 42=00 | <i>Keerthana Palled</i> |
| 45 | PRIYA.P. | II BCA | 42=00 | <i>Priya P</i> |
| 46 | DEEKSHITHA.V. | II BCA | 42=00 | <i>Deekshitha V</i> |
| 47 | KEERTHANA.L | II BCA | 42=00 | <i>Keerthana L</i> |
| 48 | MUKTHA T N | II BCA | 42=00 | <i>Muktha T N</i> |
| 49 | ANITHA P JAYARAM | NSS OFFICER | 42=00 | <i>Anitha P Jayaram</i> |
| 50 | PRATHIMA M | | 42=00 | <i>Prathima M</i> |

Bharathi N

PRINCIPAL
MMK & S... Vidyalaya
Krishnamurthy, ... Mysuru-576004