



**MMK & SDM MAHLA MAHAVIDYALAYA, MYSORE**

**Department of Commerce and Management**

**Report on Guest lecture**

<b>Title</b>	<b>: “Emotional Intelligence”</b>
<b>Date</b>	<b>: 09-12-2022</b>
<b>Time</b>	<b>: 2.00 PM onwards</b>
<b>Place</b>	<b>: College Auditorium</b>
<b>Guest</b>	<b>: Smt. Roopa M.C</b> Assistant Professor. Course coordinator. YESBUD University, Zambia
<b>Conveners</b>	<b>: Smt. Dakshayini</b> Assistant professor Department of Commerce and Management
<b>Beneficiaries</b>	<b>: 130 Students from Final B.com and BBA</b>

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**Krishnamurthypuram, Mysore-570 006**



## MMK & SDM MAHLA MAHAVIDYALAYA, MYSORE

### Department of Commerce and Management

#### Report on Guest lecture

**Introduction:** On 09-12-2022 Guest lecture programme was organized by Commerce and Management Department to the all final B .COM and BBA students in the college Auditorium on the topic "EMOTONAL INTELLIGENCE" by Smt. Roopa M.C Assistant Professor and course coordinator, Freelancer, Zambia. Coordinated by Smt. Dakshayini Assistant Professor Department of Commerce and Management.

#### Objectives:

- To understand the Emotional Intelligence to design leadership.
- Make aware of their personal level of Emotional intelligence and Personality.
- Build stronger relationship, succeed at work place and achieve your career and personal goals.

#### Proceedings of the Guest lecture:

1. **Inaugural Proceeding:** This event was inaugurated by Sri. Prashanth Jain H.V, Assistant professor and HOD of Commerce and Management.
2. **Theory session:** A detailed explanation about how to control our emotions and we should Aware the knowledge about our emotions and it will be helpful to manage that.
3. **Question and Answer session:** An informative and interactive question and answer session enabled students to obtain clarity and knowledge regarding Emotional intelligence.

#### Outcome:

- Students understood the knowledge regarding their Emotional Quotient ( EQ),
- It helps to build relationships, reduce team stress, defuse conflict and improve job satisfaction.
- Ultimately, a high Emotional intelligence having the potential to increase team productivity and staff retention.

  
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**Conclusion:** Emotional Intelligence is the capacity to be aware of, control and express one's emotions and to handle interpersonal relationships empathetically. The Guest lecture session provided the theoretical knowledge, its benefits to developing emotional intelligence to get creative leadership quality. It is ability to understand and manage our own emotions as well as recognize emotions of those us.

**Time Table of the programme:**

**Date :** 09- 12-2023

**Time:** 2.00 pm Onwards

**Name of the faculties involved:** Mr.Prashanth Jain, Smt. Dakshayini, Mr.Niranth MR, Ms.Vidya MR, Smt. Sandya, Ms.Prathima M

**Venue:** College Auditorium

  
**Coordinator**

  
**HOD**  
Head of the Department  
Department of Commerce & Management  
MMK & SDM Mahila Maha Vidyalaya  
K. M Puram Mysore

  
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# Photo Gallery:



GPS Map Camera

MMK and SDM Mahila Maha Vidyalaya, Karnataka, India  
Jansirani Lakshmibai Road, Krishnamurthy  
Puram, Mysuru, Karnataka 570007, India  
Lat 12.331662°  
Long 76.662343°  
09/12/22 02:23 PM GMT +05:30



GPS Map Camera

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Jansirani Lakshmibai Road, Krishnamurthy  
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# MMK & SDM Mahila Maha Vidyalaya, Mysore

## Department of Commerce and Management

Date: 09.12.2022

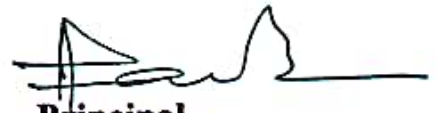
### Student Circular

Guest Lecture on the Topic "EMOTIONAL INTELLIGENCE" by Smt.Roopa M C, will be held on, 09.12.2022 Friday at 2.00 pm to 3.00 pm in the auditorium. All the students are hereby informed to attend without fail.



**Head of the Department**

Head of the Department  
Department of Commerce & Management  
MMK & SDM Mahila Maha Vidyalaya  
K M Puram Mysore

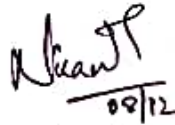


**Principal**  
**PRINCIPAL**

MMK & SDM Mahila Maha Vidyalaya  
Krishnamurthypuram, Mysuru-570004

### Classes

III BBA



III BCOM 'A'



IIIBCOM 'B'





(Managed by: SDME Society,Ujire)

Mysore Makkala Koota &

**SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA**

Krishnamurthypuram, Mysore - 570 004



**Prof. Sainath Malligemadu**  
Principal

**Dr. D Veerendra Heggade**  
President: SDME Society, Ujire.

Ref No.: MMK&SDM/MMV-737/2022 to 2022 Date: 07/12/22

To,

Smt. Roopa MC  
Assistant professor & course coordinator  
YESBUD University, Zambia

Dear Madam,

**Sub: Inviting as a guest speaker on "Emotional Intelligence".**

MMK & SDM Mahila Mahavidyalaya, established in the year 1990. It is a pioneering College in the field of Women's Education and Empowerment. Our President Padma Vibhushan Poojya Dr.D. Veerendra Heggade's name instantly brings in a stamp of integrity & quality. Our institution has been striving to attain all round excellence and to impact quality education along with ethical and cultural awareness to students of all strata of society under the dynamic guidance of Poojya Heggdeji.

With reference to the above subject we are Pleased to inform you are cordially invited as guest speaker on the topic of "Emotional Intelligence" to be on 09/12/2022 at 2:00 pm.

We hope that you will accept our request for this invitation and help our students to gather knowledge. We are looking forward to your kind response.

Thanking you,

With regards,

yours sincerely,

Principal  
PRINCIPAL

MMK & SDM Mahila Maha Vidyalaya  
Krishnamurthypuram, Mysuru-570004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

**SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA**

Krishnamurthypuram, Mysore - 570 004



**Prof. Sainath Malligemadu**  
Principal

**Dr. D Veerendra Heggade**  
President: SDME Society, Ujire.

Ref No.: MMK&SDM/MMV-737/2022 to 2023 Date:

07/12/2022

To,

Smt. Roopa MC  
Assistant professor & course coordinator  
YESBUD University, Zambia

Dear Madam,

We are extremely thankful to you for your gracious presence as Guest speaker. Thank you for your kind presence and for having associated with us on the said occasion. I am sure that students were immensely benefited by your presence. We will look forward to have more of your presence in the future events.

Thanking you,

With respect and best regards,

Yours Sincerely,

Principal

MMK & SDM Mahila Maha Vidyalaya  
Krishnamurthypuram, Mysuru-570004



09/12/22

Friday

MMK AN SDM MAHILA MAHA VIDYALAYA, MYSORE

III BBA 2022-2023

## "Guest Lecture on Emotional Intelligence"

SINo	ROLL NUMBER	Name		
1	20901	AISHWARYA V (K)	Aishwarya V	Aishwarya V
2	20902	AKSHATHA M N (S)	Akshatha.M.N	Akshatha.M.N
3	20903	AMULYA H (S)	Amulya H	Amulya H
4	20904	ARFAIN MEHREEN(H)	Arfaïn Mehreen	Arfaïn Mehreen
5	20905	DEEKSHA NARAYAN (K)	Deeksha	Deeksha
6	20906	DIVYASHREE S (K)	-	-
7	20907	INDHUJA K (S)	-	-
8	20908	JAHNAVI S M (K)	Jahnavi S M	Jahnavi S M
9	20909	JAMUNA G (K)	-	-
10	20910	JOSHIKA T S (K)	Joshika.T.S	Joshika.T.S
11	20911	KAVYA K (K)	Kavya K	Kavya K
12	20912	KAVYASHREE B (K)	Kavyashree B	Kavyashree B
13	20913	KHUSHI MAROO (H)	Khushi	Khushi
14	20914	KRUPA PATIL (K)	Krupa	Krupa
15	20915	LAVANYA S(K)	Lavanya S	Lavanya S
16	20916	MADEEHA BANU(H)	Madeeha	Madeeha
17	20917	MAMATHA B (S)	Mamatha B	Mamatha B
18	20921	MYLAVARAPU KEERTHISREE (H)	Keerthi	Keerthi
19	20922	N ARCHANA (H)	N Archana	N Archana
20	20923	PRIYANKA JAIN (H)	Priyanka	Priyanka
21	20925	SHRIVIDYA M (K)	-	-
22	20926	SINDHU T (K)	Sindhu T	Sindhu T
23	20927	TRAYAMBIKA R N (S)	-	-
24	20928	UJWALA C (K)	Ujwala C	Ujwala C
25	20929	YASHASWI U HEGDE (K)	Yashaswi U	Yashaswi U
26	20930	YASHASWINI R (K)	-	-
27	20931	VEDA D RAJOLI(K)	-	-
28	20932	NIKHITHA K JAIN(H)	Nikhitha K	Nikhitha K



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III B.COM 'A' 2022-2023

Guest Lecture on Emotional Intelligence

Sl No	ROLL NUMBER	Name	
1	20700	A BANSURI BOPANNA (K)	A Bansuri Bopanna
2	20701	AISHWARYA (K)	Aishwarya
3	20702	ANAGHA G ADIGA (K)	Anagha G Adiga
4	20703	ANANYA G (K)	Ananya G
5	20705	B M VINUTHA (K)	B. M. Vinutha
6	20706	BHAVANA L (K)	Bhavana L
7	20707	BHAVANA R (K)	Bhavana R
8	20708	CHARISHMA P N (K)	Charishma
9	20709	CHITRA S S (K)	
10	20710	DEEPIKA S O (K)	Deepika S O
11	20711	GAYATHRI K (K)	Gayathri K
12	20712	GREESHMA M D (S)	
13	20713	HARSHITHA M H (K)	Harshitha
14	20714	HARSHITHA P (K)	Harshitha P
15	20715	JAYASHREE G S (K)	Jayashree G S
16	20716	KANNIKA S (K)	Kannika
17	20717	KAVYA K T (K)	Kavya K T
18	20718	KAVYA M (K)	Kavya M
19	20719	KAVYASHREE M D (K)	Kavyashree M D
20	20720	KEERTHANA MYLARI MN (K)	Keethana Mylari MN
21	20721	KEERTHANA R (K)	Keethana R
22	20722	KUSUMA D CHOUDHARY (H)	Kusuma D
23	20723	LAKSHMI B (K)	Lakshmi B
24	20724	LAKSHMI R (K)	Lakshmi R
25	20725	LAVANYA G (K)	Lavanya G
26	20726	LAVANYA N (K)	Lavanya N
27	20727	LIKITHA S (K)	Likitha S
28	20728	MAHIMA S B (K)	
29	20729	MANASA R (K)	Manasa R
30	20730	MEGHANA S (H)	Meghana S
31	20731	MONISHA B R (K)	Monisha B R
32	20732	NIHARIKA JOSHI (K)	Niharika Joshi
33	20733	NIHARIKA K M (K)	Niharika K M
34	20734	NISARGA N (S)	Nisarga N
35	20736	NITHYA M R (EXEMPTED)	Nithya
36	20737	PUSHPA K (K)	Pushpa K
37	20738	RAKSHITHA A (K)	Rakshitha A
38	20740	REETHU V (K)	Reethu V
39	20741	RINKU G (H)	Rinku G
40	20742	RUCHITHA B N (K)	Ruchitha B N
41	20743	SAHANA S (K)	Sahana S



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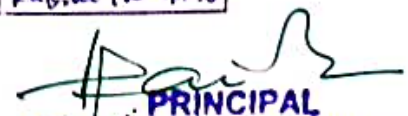
42	20744	SAKSHI BANDU MORE (H)	Sakshi Bandu More
43	20745	SAMEEKSHA S (S)	Sameeksha S
44	20746	SANDHYA S (K)	Sandhya. S
45	20747	SINCHANA M M (K)	Sinchana. M.M
46	20748	SINCHANA M (K)	Sinchana. M
47	20749	SINCHANA R (K)	Sinchana. R
48	20750	SMITHA M C (K)	Smitha. M.C
49	20751	SUSHMITHA J (K)	Sushmitha. J.
50	20752	SUSHMITHA V (K)	Sushmitha. V
51	20753	SUVINA KOTE S (K)	Suvina Kote. S
52	20754	SWATHI H M (K)	-
53	20756	SYED AFRA (H)	-
54	20757	UMA N (K)	Uma. N
55	20758	VANDANA B K (K)	Vandana. B.K
56	20759	VARSHITHA M G (K)	-
57	20760	VEDASHREE M (K)	Vedashree. M
58	20761	VEDASHREE R (K)	Vedashree. R
59	20762	VIDYASHREE T K (K)	-
60	20763	VINDYA H J (H)	Vindya. H.J
61	20764	YASHASWINI R (K)	Yashaswini. R

  
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09/12/2022  
Friday

Guest speaker on "EMOTIONAL INTELLIGENCE"

MMK AND SDM MAHILA MAHA VIDYALAYA, MYSORE III B.COM B 2022-2023			
SINo	ROLL No.	Name	
1	20765	Name	
2	20766	ANUSHREE M (K)	Anushree.m
3	20766	ASHWINI S (K)	Ashwinil
4	20768	BHAVANA M (K)	Bhavana.m
5	20769	BHAVANI N (K)	Bhavani.N
6	20770	BHUVANESHWARI V (K)	Bhuvan
7	20771	BINDU M (K)	Bindu.m
8	20772	CHANDANA N (S)	Chandana.N
9	20773	CHANDANA R(H)	Chandana.R
10	20774	CHAITRA KRISHNAMURTHY HEGDE(H)	Chaitra.H
11	20775	CHAITHRA P(K)	Chaithra.P.
12	20776	DEEPIKA M V (S)	
13	20777	DEEPTHI N (K)	Deepthi.N.
14	20778	DHANALAKSHMI S(K)	Dhanalakshmi.S
15	20779	DIVYA S (K)	Divya.S
16	20780	DRUSHYA KAVERAPPA C(K)	Drushya.C
17	20781	DRUVYA KAVERAPPA C(K)	Druvya.C
18	20782	GOWTHAMI U (K)	Gowthami.U
19	20783	HARSHITHA L (K)	Harshitha.L
20	20783	JYOTHI M (K)	Jyothi.M
21	20784	K M LIKHITHA (S)	K.M.Likhitha
22	20786	KAVERI SHIVANAND JALIHLMATH (K)	Kaveri.S.S
23	20788	KAVYA N (K)	Kavya.N.
24	20789	KRUTHI ARADHYA NR (K)	Kruthi.Aradhya.N.R
25	20790	LAKSHMI H A (K)	Lakshmi.H.A
26	20791	LAVANYA M (K)	Lavanya.M
27	20792	MANASA M(H)	
28	20793	MEGHA G (K)	Megha.G
29	20794	MOKSHA S P (K)	Moksha.S.P
30	20796	MONICA C (K)	Monica.C
31	20798	NAMRATHA LAKSHMI N (K)	Namratha
32	20799	NANDITHA A R (K)	Nanditha.A.R
33	20800	NAVYA HEGDE GD (K)	Navya
34	20800	NEHA RAMESH(K)	Neha.Ramesh
35	20803	NISARGA G V (K)	
36	20804	PRAGATHI (H)	
37	20805	PRUTHVI RAMESH (K)	Pruthvi.Ramesh
38	20806	RAKSHITHA M(K)	Rakshitha.M
39	20807	RAKSHITHA M N (K)	Rakshitha.M.N

  
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40	20808	RANJITHA S (K)	Ranjitha S
41	20809	S K DHRUTHI (K)	
42	20810	S THEJASHWINI (K)	Thejaswini
43	20812	SANGEETHA G RAO (K)	Sangeetha
44	20812	SHALINI N (H)	
45	20814	SINCHANA K Y (K)	Sinchana
46	20814	SIRI SUDHAKAR (K)	
47	20816	SKANDAVI BHARADWAJ C S(K)	Skandavi Bharadwaj C.S
48	20817	SNEHA N (K)	Sneha N
49	20818	SPANDANA M A(K)	Spandana M A
50	20819	SRIGOWRI SUDHAKAR (K)	
51	20821	SRUSHTI KOUSHIK R (K)	Srushti Koushik R
52	20822	SWATHI P (K)	Swathi P
53	20823	TEJASHWINI G (K)	Thejaswini G
54	20825	THEJASWINI J (K)	Thejaswini J
55	20826	VAISHALI B (K)	Vaishali B
56	20827	VAISHNAVI D (K)	Vaishnavi D
57	20828	VAISHNAVI K S(K)	Vaishnavi K.S.
58	20829	VAISHNAVI M(K)	Vaishnavi M
59	20830	VARSHA P R (K)	Varsha P.R.
60	20831	MANDARA N(K)	Mandara N

  
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