

TWO DAYS ADVENTUROUS CAMP

Ranger Unit

PROGRAMME NAME: Two Days Adventurous Camp

DATE: 8-7-2023 and 9-7-2023

ORGANIZER: MMK&SDM College Ranger Unit in association with IMAS association
Mysore.

VENUE: Kunthi betta

NUMBER OF PARTICIPANTS: 25

OBJECTIVES:

- Enjoyment and improve the mental health
- Enhancing confidence and character.
- Improve Health fitness and well-being increases.
- Developing Social and emotional awareness.
- Environmental awareness and saving environment
- Improve personal qualities.
- Learn Life saving Skills
- Activity conducting Skills
- Increase the social responsibility


PRINCIPAL
MMK & SDM Mahila Mahavidyala
Krishnamurthypuram, Mysore-570 004

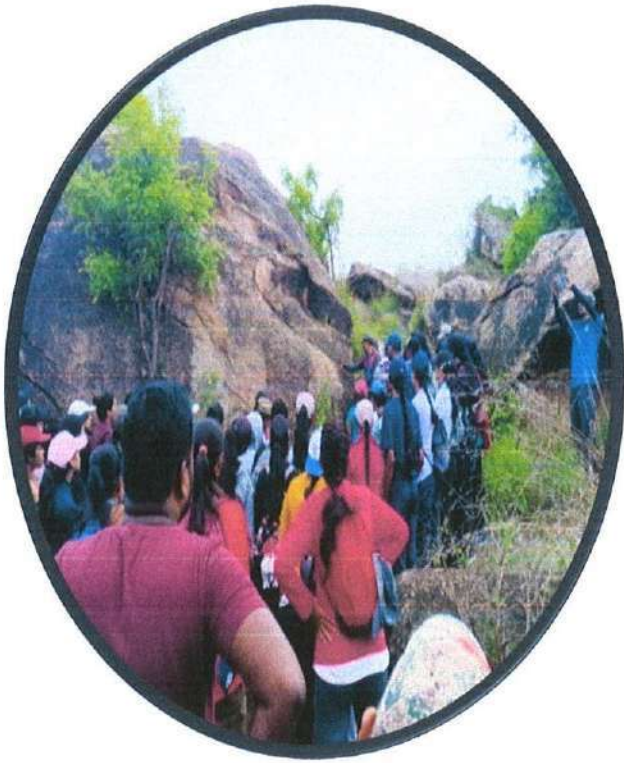
PROGRAMME DETAILS

- Ranger Unit organised Two days adventure camp at Kunti betta Pandavapura taluk in association with IMAS on 8th and 9th July 2023. Mr. Vinay Sing Himalayan trucker given the introduction about Hiking and trucking
- 25 volunteers Participated in this camp
- On 8th July Hiking , trucking, climbing , tent pitching activities conducted and given the brief introduction about adventurous equipments
- On 9th July Dr. Shrisha Bhat , Mr. Sudhanwa , Dr. Subramanya and Vinay Singh taken the charge of Rock climbing , shoulder rappelling , Stomach rappelling , hanging rappelling Chimney climbing etc

PROGRAMME OUTCOME :

- Students learnt life savaging skills
- Learned team building skills
- Understood their capacity and their fitness level
- Improved their confidence level
- They understood how to live in group by minimum facility maximum satisfaction
- Learned activity Skills, using ropes Knots , tent pitching et



PRINCIPAL
MMK & SOM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004



Students Participation in Hiking



90 degree rock dropping down


PRINCIPAL
MMK & SDM Mahila Mahavidyalaya,
Krishnamurthypuram, Mysore-570 004

College team along with trainers



Rock climbing by trainer




PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004



Prof. Sainath Malligemadu
Principal

Dr. D Veerendra Heggade
President: SDME Society, Ujire.

Ref No.: MMK&SDM/MMV / / 20____ to 20____

TREKKING PARTICIPANTS LIST RANGER UNIT 2023

VENUE; KUNTI BETTA PANDAVAPURA T Q
2023

Date: 9-7-2023 & 8-7-

Si No	Name	Class	Signature
1.	Suchithra S	III Bsc	Suchithra S.
2.	Radhika	III Bsc	Radhika.
3.	Bindushree C S	III Bsc	Bindushree C S.
4.	Neha Valenteena S J	III Bsc	Neha Valenteena S J.
5.	Dhanushree	III Bsc	Dhanushree
6.	Amrutha V	III Bsc	Amrutha V.
7.	Jagadambike	III Bsc	Jagadambike
8.	Usha G	III Bsc	Usha G.
9.	Rakshitha	III Bsc	Rakshitha
10.	Bhoomika R P	III Bsc	Bhoomika R P.
11.	Sanjana	III BCA	Sanjana.
12.	Usha S M	II BCA	Usha S M.
13.	S Rekha	II BCA	S Rekha.
14.	Manya T R	II BCA	Manya T R.
15.	Vaisiri I L	II BCA	Vaisiri I L.
16.	Prathiksha Urs	II BCA	Prathiksha Urs.
17.	Bhanupriya N	I BBA	Bhanupriya N.
18.	Souparnika	I BCom	Souparnika.
19.	Sinchana S	I BCOM	Sinchana S.
20.	Vani I Bsc	I Bsc	Vani I Bsc.
21.	Sinchana Muttamma	I BBA	Sinchana Muttamma.
22.	Reeya Tangamma	II Bcom	Reeya Tangamma.
23.	Sri Vidya	II Bcom	Sri Vidya.
24.	Chaya Rashmi R	II Bcom	Chaya Rashmi R.
25.	Poorika K S	III BCA	Poorika K S.

Phone: 9886166750, 0821-2332865 Email: principal@sdmmkmysore.in Website: sdmmkmysore.in

(Handwritten signature)