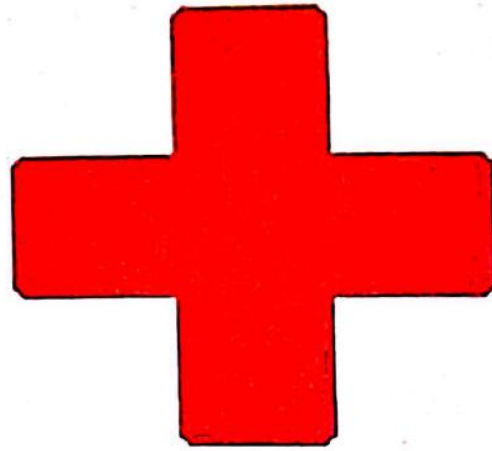


MMK & SDM MAHILA MAHA VIDYALAYA

KRISHNAMURTHY PURAM, MYSORE



Youth Red Cross

REPORT ON NATIONAL LEVEL SEMINAR ON WORLD FIRST AID DAY

**Prepared by:
Syed Sadath
Program officer
Youth Red Cross**


PRINCIPAL
MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-5

1. INTRODUCTION :

The Youth Red Cross Volunteers of MMK & SDM Mahila Maha Vidyalaya has attended the national Level virtual seminar on World first aid day, Theme 2023 "First Aid in the Digital World" Organised by the Department of safety and fire Engineering, Excel Engineering college, Namakkal, Tamilnad on 9th September 2023, First aid training is a crucial educational program that equips individual with Lifesaving skills And Knowledge to provide immediate assistance in emergency situations. It covers techniques such as CPR, Bandaging, Wound care, and handling common injuries.

2. OBJECTIVE :

The objective of first aid and CPR Training for Youth Red Cross Volunteers are

- 1, Empowerment: To empower Volunteers with knowledge and confidence to respond Effectively in Emergencies.
- 2, Lifesaving skills: To help volunteers to understand essential skills like CPR and First aid to save lives and reduce emergencies.
- 3, Health and Safety Promotion: To create awareness about injury prevention and Maintaining a healthy environment.

3. Proceedings of the Seminar :

- Bandaging and Wound care : Proper Bandaging and Wound care Techniques were taught to attendees to manage injuries and prevent infections
- CPR Training: Volunteers learned cardiopulmonary resuscitation to revive an unconscious person and maintaining blood circulation until reached to the hospital.



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4. IMPACT:

- Empowered Community : The training empowers participants with Lifesaving skills and making them capable of helping others in times of emergencies.

- Safety Awareness : The seminar promoted safety awareness in the community, encouraging individual to be vigilant proactive in preventing Accidents.

5. NO OF STUDENTS ATTENDED:

36 STUDENTS

6. OUTCOME:

On completion of this Program, learners will be:

- Able to understand how and when to administer first aid.
- Able to provide appropriate treatment for the purpose of preserving life.
- Able to minimise the consequences of injury until the arrival of medical assistance.
- Personal development and community engagement.

7. Timetable of the program:

DATE: 09/09/2023

Time: 7 pm to 8 pm

NAME OF THE FACULTY INVOLVED: Syed Sadath , YRC Program Officer.

VENUE: Virtual mode.



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Krishnamurthypuram, Mysore-570 004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004

Prof. Sainath Malligemadu
Principal

Dr. D Veerendra Heggade
President: SDME Society,
Ujire.

Ref No.: MMK&SDM/MMV/ /2023 to 2024 Date:

**List of youth Red Cross volunteers attended National level
virtual seminar on World first aid day on 09-09-2023**

SL.NO	STUDENT NAME	CLASS	ROLL NO	SIGNATURE
1	LAKSHMITHA.M	I BBA	23912	Lakshmitha.M
2	SHREEVIDYA	I B.COM 'A'	23730	Shreevidya
3	PAREEKSHA S	I B.COM 'A'	23722	Pareeksha.S
4	GAGANA	I B.COM 'A'	23711	Gagana.G.N
5	DIYA B.R	I B.COM 'A'	23710	Diya.B.R
6	MOKSHA.M.C.	II BBA	22919	Moksha.M.C
7	SHIVARATNA.R	II B.COM 'B'	22770	Shivaratna.R
8	SAHANA.S	II B.COM 'B'	22767	Sahana.S
9	NISARGA MAHESH	II B.COM 'B'	22764	Nisarga Mahesh
10	NIHARIKA MOHAN	II B.COM 'B'	22763	Niharika
11	NEHA MEHRAJ	II B.COM 'B'	22761	Neha Mehraj
12	MISBHA FATHIMA	II B.COM 'B'	22759	Misbah Fathima
13	MEGHANA.A	II B.COM 'B'	22758	Meghana.A
14	MANJULA.R	II B.COM 'B'	22757	Manjula.R
15	HARSHITHA.N	II B.COM 'B'	22753	Harshitha.N
16	ARCHANA.M	II B.COM 'B'	22746	Archana.M
17	ANITHA.K	II B.COM 'B'	22743	Anitha.K
18	POORVIK.A	II B.COM 'A'	22728	Poorvika.R
19	POORVI.M	II B.COM 'A'	22727	Poorvi.M
20	HARSHITHA.G	II B.COM 'A'	22712	Harshitha.G
21	GAYATHRI.B	II B.COM 'A'	22711	Gayathri.B

Phone: 9886166750, 0821-2332865 Email: principal@sdmmmkmysore.in Website: sdmmmkmysore.in

PRINCIPAL

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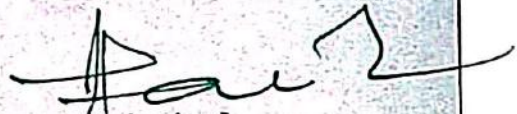
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22	BHOOMIKA.R	II B.COM 'A'	22706	Bhoomika.R
23	MANUSHREE	III BBA	21932	Manushree
24	KAVANA.R	III BBA	21922	Kavana.P
25	DEEKSHA.S	III BBA	21914	Deeksha.S
26	BI.BI.FATHIMA FARZEEN	III BBA	21910	Fathima
27	BHAVISHYA.C	III BBA	21908	Bhavishya.C
28	MANASA GANESHA	III B.COM 'B'	21785	Manasa Ganesh
29	KALYANI G.N	III B.COM 'B'	21775	Kalyani. G.N
30	S. SAHANA	III B.COM 'A'	21747	Sahana
31	ROSHNI.M.I	III B.COM 'A'	21744	Roshni
32	KANAKASHREE.B	III B.COM 'A'	21720	Kanakashree.B
33	HARSHITHA.Y	III B.COM 'A'	21718	Harshitha.Y
34	DHANYA.G.T	III B.COM 'A'	21713	Dhanya
35	CHANDANA.A.P	III B.COM 'A'	21707	Chandana.A.P
36	ANUSHA.C	III B.COM 'A'	21702	Anusha.C


Program Officer


Principal
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EXCEL ENGINEERING COLLEGE (AUTONOMOUS)



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NBA and NAAC with "A+" and Recognized by UGC (2f & 12B) KOMARAPALAYAM - 637303



DEPARTMENT OF SAFETY AND FIRE ENGINEERING

CERTIFICATE OF PARTICIPATION

This certificate declares that

Gayathri.b

of

Sdm mmk college

has participated in "World First Aid Day" Seminar on "First Aid in the Digital World"
Organised by the Department of Safety and Fire Engineering, Excel Engineering College
(Autonomous), Namakkal, Tamilnadu - 637303, on 9th September 2023.

CO-ORDINATOR
Mr.S.SARAVANAKUMAR

HoD / SFE
Dr.N.NATARAJAN

PRINCIPAL
Dr.K.BOMMANA RAJA