

(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &



**SHRIDHARMASTHALA MAJUNATHESWARAH LAMAHADALAY**

Krishnamurthypuram, Mysore-570004

Affiliated to University of Mysore, Accredited by NAAC with B

Grade Vision: "Empowerment of Women to face the global challenges"

## Criteria 5

5.1.3c) Capacity building and skills enhancement initiatives taken by the institution include the following (10)  
1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills 2022 - 2023

Sl No.	Particulars	Link
1.	Life Skills Yoga, physical fitness, health and hygiene	<a href="https://sdmmmkmysore.in/docs/2024/june/Yoga-22-23.pdf">https://sdmmmkmysore.in/docs/2024/june/Yoga-22-23.pdf</a>