

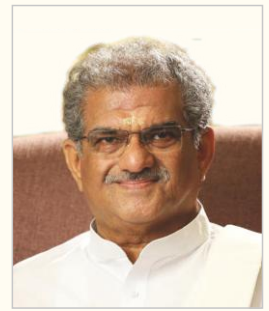


MMK & SDM MAHILA MAHA VIDYALAYA
Krishnamurthypuram, Mysuru. 570004

(Affiliated to University of Mysore, Mysuru - NAAC Accredited with "B" Grade)

Managed By: SDME Society, Ujire - President: Padma Vibushana Poojya Dr. D.Veerendra Heggade

Vision: Empowerment of women to face the Global Challenges.



COOKING WITHOUT FIRE COMPETITION

Department of Biochemistry, In association with IQAC

**INTERNATIONAL YEAR OF MILLETS
2023**

**only for PUC Students
Mysore**

3 Cash Prizes
& certificate for all participants

Venue : College Auditorium on 15.9.2023 at 9:30 am

REGISTRATION
FEES
PER HEAD
Rs. 100/-



Scan to PAY



**Registration
12.9.2023**



important

We request the Principal and staff members of the college to encourage students to actively participate in the competition and use this as an opportunity to showcase their talent. This will also be a platform for the younger generation to educate themselves in a fun way about the various health benefits and the importance of Millets in our everyday lives

Dr Wethroe Kapfo
Coordinator

Dr Chaitanya Pandit
Co-coordinator

Prof. Sainath Malligemadu
Principal

General Rules

- The competition is for PUC students of Mysore district only
- This is a group competition. The group should have a minimum of 2 or a maximum of 3 participants
- A maximum of 3 groups are allowed to participate from each college
- One of the ingredient used should include any pre-cooked or raw millet
- 60 minutes will be provided for preparing and presenting the dish
- Each group should give a brief 1 minute talk about the importance and health benefits of the millet that is used in their dish before presenting their dish to the judges
- Judges may ask any questions about the general and specific health benefits of millets
- The competition is not restricted to students from biology background. Students from any background (commerce, arts, computer science, etc) are welcome to participate in the competition
- Registration fees per participant (not group) is 100 rupees
- Judges decision will be final



**Scan for
Registration**

Contact **Dr Wethroe Kapfo 9986781441** **Dr Chaitanya Pandit 9738411302**
Student Coordinators Sonu C. 8105688058 Radhika. 9686245810